

# Impact Report

2020

## UCP of Orange County

*A Life Without Limits For Children With Disabilities*

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# A Life **Without Limits** For Children With Disabilities.

Our commitment to the Orange County community is to help children with disabilities reach their full potential and improve the quality of life for their families.

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# 2020 Audited Financials

**Total FY20 Expenses**  
**\$6,621,827**

**32%**

**45%**

**16%**

**7%**

## Helping Children Reach Their Full Potential

Salaries	\$1,705,700
Facilities	\$243,075
Supplies	\$13,052
Professional Services	\$125,287
Travel	\$7,526
Other Program Expenses	\$22,759
<b>Total</b>	<b>\$2,117,399</b>

## Improving The Lives of Families

Salaries	\$2,922,465
Facilities	\$47,558
Supplies	\$2,554
Professional Services	\$4,477
Travel	\$869
Other Program Expenses	\$17,819
<b>Total</b>	<b>\$2,995,742</b>

## Infrastructure & Other Business Operations

Salaries	\$677,883
Facilities	\$69,737
Supplies	\$16,485
Professional Services	\$164,731
Travel	\$463
Other Program Expenses	\$121,148
<b>Total</b>	<b>\$1,050,447</b>

## Fundraising

Salaries	\$388,593
Facilities	\$43,261
Supplies	\$186
Professional Services	\$3,855
Travel	\$1,994
Other Program Expenses	\$20,350
<b>Total</b>	<b>\$458,239</b>

# Dear Fellow Child Advocate,



It's been a year for the ages. No matter your circumstance, zip code, or background, 2020 was certainly challenging — in all aspects of life. While this year presented significant hardships, many of which will

persist for some time, UCP-OC is looking forward. We have a job to do, and it doesn't stop; if anything, it becomes more urgent in times like these. Over the past fiscal year, UCP-OC provided pediatric therapy treatment and affirming community-based services to 5,300 children with disabilities, and their family members, throughout Orange County. Altogether, we delivered a staggering 17,739 sessions of early intervention and pediatric therapy, and 143,236 hours of in-home and in-center childcare.

I want to extend my most sincere gratitude to you, our staff, patients, supporters, donors, and advocates, as you stood by our side. Together, we brought life-changing and supportive programs to some of the most marginalized children in our communities. And as UCP-OC undergoes a transformative move to a bigger, newer facility in June 2021, I hope you stick around for what's next in our new and exciting journey.

I also hope that after reading the stories enclosed in our annual report, you will reflect on the tangible, human impact that your support has on children and families in need. If you are an individual or parent who comes to UCP-OC, I want to thank you for entrusting us to provide your supportive services.

If you are a UCP-OC staff member, thank you helping us achieve our mission statement: empowering children with disabilities to live a "Life Without Limits!" Finally, if you are a community individual who's hearing about UCP-OC for the first time, I hope that you will feel inspired to get involved with our organization through volunteering, partnering, or donating.

With Deepest Gratitude,

Ramin Baschshi, M.D.  
President & CEO  
RBaschshi@ucpoc.org

## Our COVID-19 Impact:

March 2020 - December 2020



**125,125 hours**  
of disability-sensitive  
Respite care  
for working families



**3,383**  
individuals  
served



**6,795 hours**  
of life-changing  
telehealth  
therapy sessions

# 90%

of a child's brain  
develops in the first  
five years of life

## Working Hard With a Smile

### RJ's Story

RJ has received services from UCP-OC since he was six months old. During a pre-natal checkup, RJ's parents, Randy and Joann, found that he had Trisomy 21, a chromosomal condition. Not long after RJ started in-home early intervention with his child development specialist, Bridgette, Randy and Joann wanted UCP-OC to provide his physical therapy, too. Today, UCP-OC not only provides physical and occupational therapy for RJ, but speech therapy as well.

"He is known by everyone at the clinic because he runs all around and makes sure to greet everyone he sees. We call it "school" for him and he gets excited as we turn the corner coming into the parking lot; he knows where he is already," said Randy and Joann. RJ's therapists, Brianna, Ria, and Lisa have helped him make tremendous progress.

Over time, UCP-OC has helped two year old RJ improve his feeding abilities, as well as his balance and coordination. "We have seen him become more active and confident when it comes to his balance and interacting with others. He has also been doing better with helping us get him dressed, and taking part in the activity at hand. Even when we had to do the sessions via telehealth when this pandemic began, we worked with each therapy discipline to modify whatever we needed."

UCP-OC is a second home to families like RJ's. By offering physical, occupational, and speech therapy under one roof, UCP-OC leaves no developmental area untreated. Our caring staff works together to ensure that RJ receives treatment that is as unique as he is. His parents come confident that their son is receiving the best care possible, while receiving their own support as well.

"He goes there for three hours at a time. When we hand him over, we feel like he is in good hands. We look forward to watching our son continue to grow with the help of the UCP-OC family."

# 87%

of therapy patients have achieved at least one treatment goal since they began services at UCP-OC

## Reaching Her Full Potential

### Meredith's Story

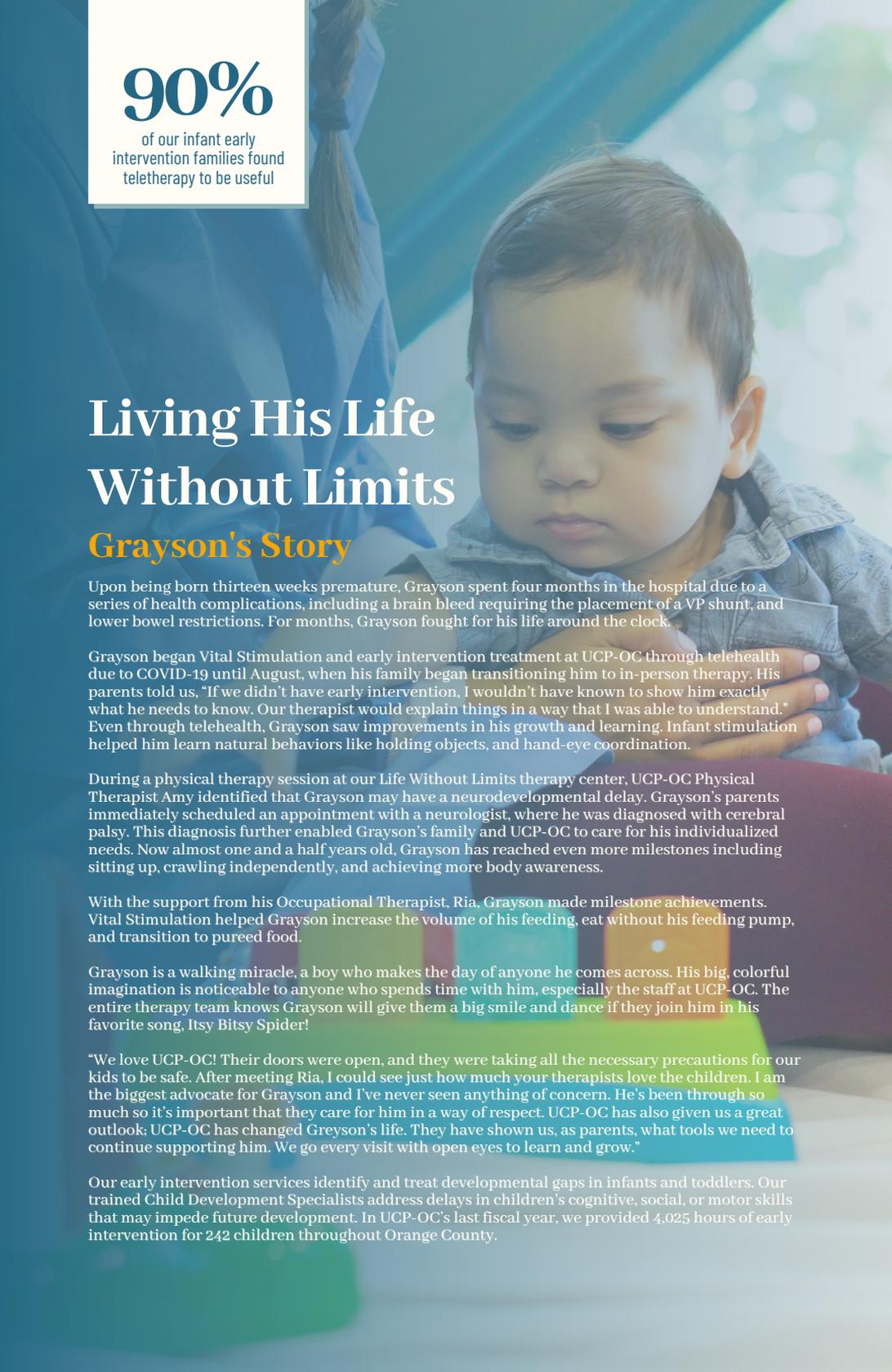
"UCP-OC means the world to us. Everyone has given us hope and strength."

Meredith has been coming to UCP-OC since she was two, when she was diagnosed with Autism spectrum disorder. She takes full advantage of UCP-OC's multidisciplinary services, from infant stimulation services to our broad range of pediatric therapy: physical, occupational, and speech. Outside of UCP-OC's therapy center, Meredith is an active and fun-loving girl who loves Disneyland, red Minnie Mouse (not pink!), and playing outdoors.

Meredith's mother, Frances, told us that UCP-OC's treatment has greatly helped her daughter reach her full potential. "She is able to clearly express her thoughts and feelings; speech therapy with Katya helped there. In occupational therapy, she is doing great with everyday life skills. Fine motor is something she has made a lot of growth in, and it is because of OT with Christine and Rose. Meredith has poor balance and her physical therapist, Brianna, has helped a lot in this area. She knows Meredith's strengths and pushes her to reach her full potential."

Abilities that come naturally for most children often require extra effort and attention from children with a disability. Four year old Meredith has made tremendous progress in her walking and speaking abilities through UCP-OC's services, and we are so excited to see her grow further!

Frances added, "UCP-OC has not only helped Meredith, but the entire family. With their help and guidance, we are able to help Meredith at home and outside the home in social situations. We would be lost without UCP-OC. We are very thankful for everyone who has ever worked with Meredith."



90%

of our infant early  
intervention families found  
teletherapy to be useful

# Living His Life Without Limits

## Grayson's Story

Upon being born thirteen weeks premature, Grayson spent four months in the hospital due to a series of health complications, including a brain bleed requiring the placement of a VP shunt, and lower bowel restrictions. For months, Grayson fought for his life around the clock.

Grayson began Vital Stimulation and early intervention treatment at UCP-OC through telehealth due to COVID-19 until August, when his family began transitioning him to in-person therapy. His parents told us, "If we didn't have early intervention, I wouldn't have known to show him exactly what he needs to know. Our therapist would explain things in a way that I was able to understand." Even through telehealth, Grayson saw improvements in his growth and learning. Infant stimulation helped him learn natural behaviors like holding objects, and hand-eye coordination.

During a physical therapy session at our Life Without Limits therapy center, UCP-OC Physical Therapist Amy identified that Grayson may have a neurodevelopmental delay. Grayson's parents immediately scheduled an appointment with a neurologist, where he was diagnosed with cerebral palsy. This diagnosis further enabled Grayson's family and UCP-OC to care for his individualized needs. Now almost one and a half years old, Grayson has reached even more milestones including sitting up, crawling independently, and achieving more body awareness.

With the support from his Occupational Therapist, Ria, Grayson made milestone achievements. Vital Stimulation helped Grayson increase the volume of his feeding, eat without his feeding pump, and transition to pureed food.

Grayson is a walking miracle, a boy who makes the day of anyone he comes across. His big, colorful imagination is noticeable to anyone who spends time with him, especially the staff at UCP-OC. The entire therapy team knows Grayson will give them a big smile and dance if they join him in his favorite song, Itsy Bitsy Spider!

"We love UCP-OC! Their doors were open, and they were taking all the necessary precautions for our kids to be safe. After meeting Ria, I could see just how much your therapists love the children. I am the biggest advocate for Grayson and I've never seen anything of concern. He's been through so much so it's important that they care for him in a way of respect. UCP-OC has also given us a great outlook; UCP-OC has changed Greyson's life. They have shown us, as parents, what tools we need to continue supporting him. We go every visit with open eyes to learn and grow."

Our early intervention services identify and treat developmental gaps in infants and toddlers. Our trained Child Development Specialists address delays in children's cognitive, social, or motor skills that may impede future development. In UCP-OC's last fiscal year, we provided 4,025 hours of early intervention for 242 children throughout Orange County.

# Learning At Her Own Pace

## Violet's Story

Born fifteen weeks premature and at only one pound five ounces, little Violet experienced a health scare – bilateral brain bleeds that kept her in the hospital for eight months. Eventually, Violet was diagnosed with chronic lung disease and cerebral palsy.

Since she turned three, UCP-OC has been helping Violet make progress in her daily living skills through physical, occupational, and feeding therapy sessions. Violet's therapists, Brianna, Ria, and Beth have helped her achieve milestones to gain more independence.

UCP-OC's programs are customized to support the unique needs of every child. Violet receives innovative treatments during her sessions, including Vital Stimulation to support her feeding abilities, and Total Motion Release to help her become more alert and improve her motor skills.

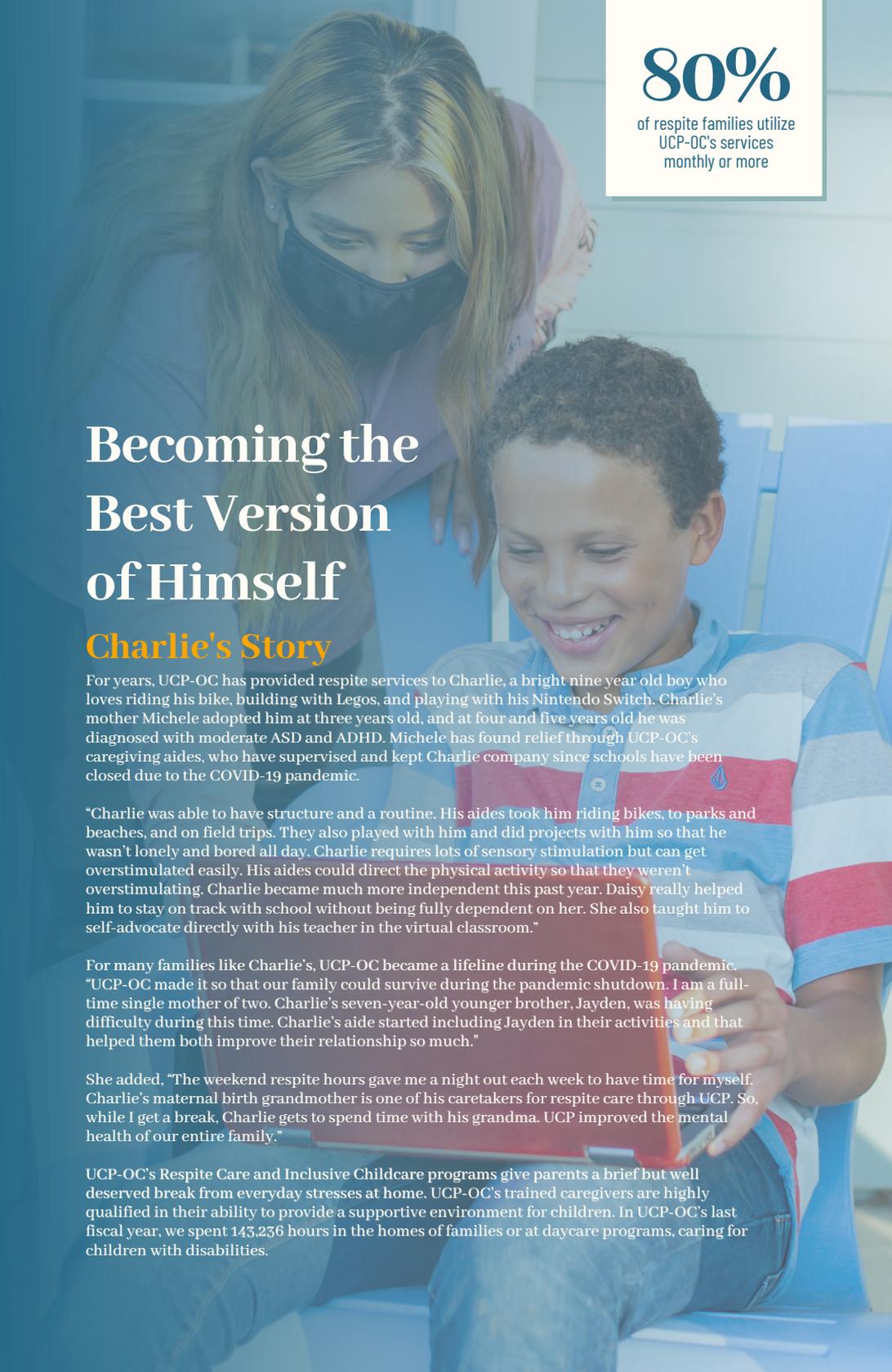
Now four years old, Violet has worked hard to show improvement in holding toys for small amounts of time, picking her head up, and even taking small steps in her gait trainer. Violet loves music, bouncing, and being around other kids!

Her mother told us, "UCP has given our family hope and a positive environment to celebrate Violet's own pace. Violet is such a happy girl and enjoys being at UCP-OC so much! We can't wait to see all the progress she makes this year."

# 85%

of therapy patients have  
gained a higher level of  
independence through  
UCP-OC's services





80%

of respite families utilize  
UCP-OC's services  
monthly or more

# Becoming the Best Version of Himself

## Charlie's Story

For years, UCP-OC has provided respite services to Charlie, a bright nine year old boy who loves riding his bike, building with Legos, and playing with his Nintendo Switch. Charlie's mother Michele adopted him at three years old, and at four and five years old he was diagnosed with moderate ASD and ADHD. Michele has found relief through UCP-OC's caregiving aides, who have supervised and kept Charlie company since schools have been closed due to the COVID-19 pandemic.

"Charlie was able to have structure and a routine. His aides took him riding bikes, to parks and beaches, and on field trips. They also played with him and did projects with him so that he wasn't lonely and bored all day. Charlie requires lots of sensory stimulation but can get overstimulated easily. His aides could direct the physical activity so that they weren't overstimulating. Charlie became much more independent this past year. Daisy really helped him to stay on track with school without being fully dependent on her. She also taught him to self-advocate directly with his teacher in the virtual classroom."

For many families like Charlie's, UCP-OC became a lifeline during the COVID-19 pandemic. "UCP-OC made it so that our family could survive during the pandemic shutdown. I am a full-time single mother of two. Charlie's seven-year-old younger brother, Jayden, was having difficulty during this time. Charlie's aide started including Jayden in their activities and that helped them both improve their relationship so much."

She added, "The weekend respite hours gave me a night out each week to have time for myself. Charlie's maternal birth grandmother is one of his caretakers for respite care through UCP. So, while I get a break, Charlie gets to spend time with his grandma. UCP improved the mental health of our entire family."

UCP-OC's Respite Care and Inclusive Childcare programs give parents a brief but well deserved break from everyday stresses at home. UCP-OC's trained caregivers are highly qualified in their ability to provide a supportive environment for children. In UCP-OC's last fiscal year, we spent 143,236 hours in the homes of families or at daycare programs, caring for children with disabilities.

# Our 2020 Impact

**68**

Years of Serving  
Orange County



**36%** **64%**  
Female Male



**5,300**  
Children and Family  
Members Served

**64%**

of Families Served  
are Low-income



**13,714**  
Therapy Sessions

**85%**

of Parents Feel More  
Empowered to Advocate on  
Behalf of Their Child



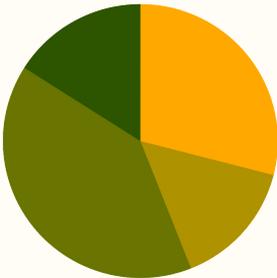
**161,489**  
Hours Served



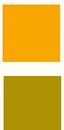
**36,802**  
Home Visits

**1/6**

of Children in  
Orange County have a  
Developmental Disability  
and/or Delay



## Ages Served



**29%**  
Ages 0-3



**40%**  
Ages 6-17



**15%**  
Ages 4-5



**16%**  
Ages 18+

## Primary Diagnosis

- 26%** Autism Spectrum Disorder
- 11%** Developmental Delay
- 8%** Speech & Language Disorder
- 8%** Down Syndrome
- 7%** Cerebral Palsy
- 5%** Intellectual Disability
- 5%** Rare Disease or Disorder
- 30%** Other Disabling Condition

# With Appreciation

Our deepest gratitude to those who have supported us through Fiscal Year 2020 (*July 2019-June 2020*). Together, we brought life-changing and supportive programs to children and families throughout our community! Thank you for partnering with us to provide a **Life Without Limits For Children With Disabilities**.

## \$100,000+

Stephanie Argyros and The Argyros Family Foundation

## \$50,000+

The Allergan Foundation  
Hoag Memorial Hospital Presbyterian

## \$20,000+

St. Joseph Hospital Orange  
100 Companies That Care  
Charitable Ventures of Orange County  
Citizens Business Bank, Laguna Hills  
The Uncork for Hope Foundation

## \$10,000+

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## \$1,000+

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